



CONNECTOR CHAPTER 36

SERVING BARRIE AND SURROUNDING AREA | barrie@carp.ca

Digital Edition 2018

SPRING INTO GREEN 2018

» PAGE 4

WHAT IS EARTH DAY

» PAGE 6

Chapter 36 acknowledges Jeff Scott from Steckley-Gooderham Funeral Homes for his generous support in the production of this newsletter.

WHAT'S INSIDE

Connecting With The Chair.....	3
Spring Into Green	5
Earth Day Event Strategy to Achieve Zero Waste.....	6
2018 Show Attractions	7
Speakers Schedule	9
Community Clean Up for Spring Into Green	11
Media Launch For Spring Into Green	12
Eco Tourism In Canada.....	15
Services Directory.....	18

CARP 705.252.4756

MEETING SCHEDULE

CHAPTER 36

Meetings at Steckley-Gooderham Funeral
Home, 201 Minet's Point Road, Barrie
(opposite Giant Tiger)
(doors open at 6:00pm)

Tuesday, April 17, 2018 - 6:30 p.m.

• **Guest Speaker VINCE HAWKES,**
OPP Commissioner.

May, 2018 • No meeting as there
are two political forums being held.
See Page 4 for more information.

- **Guests are welcome**
- **Light refreshments are provided**
- **Bring a loonie or toonie
for the 50/50 draw**
- **Meetings are free of charge**

STAY TUNED FOR
DETAILS ON OUR NEXT
TRIP BEING PLANNED
FOR JUNE

CONNECTING WITH THE CHAIR

SPECIAL "SPRING INTO GREEN" EDITION

Out with the white and in with the green. It's time for the garden gloves, rakes and the planting of bulbs, if you did not do so last fall. Funny how the sight of daffodils poking thro' the ground can generate smiles and feelings of well-being.

It's time for April Showers and the planting of May flowers, the visiting of nurseries to purchase seeds for the garden and to plant some pansies in the front door planter. We all know you can't really plant the begonias, geraniums and all those other wonderful and colourful plants until May 24th weekend.

Meanwhile, if you need to get into the mood, you should definitely come out on earth day, April 22nd to our *Eco Green Event "Spring Into Green"* at the Holly Rec Centre at 171 Mapleton Avenue in Barrie open from 10am to 4pm and admission is something for the food bank. Children's admission is free.

There will be something for everyone including electric cars, a kid's zone and some great speakers. Come and have some fun and darn it all, you might learn something too. Our Committee has worked tirelessly to make this into a special event and one we can be proud of, so come out and support us. Make it a family day.

We will also have someone from Head Office to man a booth for 360 Health, a CARP initiative that may be of great interest to many of you. Find out how



you can fix your electronics or plant a roof garden. Learn about some great trails and how to keep our world safe for the birds and the bees.

Our CARP Chapter also holds monthly meetings on the third Tuesday of the month and you might be interested in the April 17th meeting with Vince Hawkes, OPP Commissioner presenting. In May we will also feature 2 political forums, May 8th and May 15th for the Candidates of the June 7th Provincial election. Check out our website www.barriecarp.org or phone us at **705.252.4756** for more information. There is also a site for our eco green event at www.springintogreen.ca

JOIN US!

Gwen Kavanagh
CARP Chapter 36



Meet The Candidates

May 8/18 - 6:30 p.m.

Barrie/Springwater &
Oro-Medonte ridings.

Steckley-Gooderham Chapel,
30 Worsley Street, Barrie

Meet The Candidates

May 15/18 - 6:30 p.m.

Barrie/Innisfil ridings.

Steckley-Gooderham Chapel,
201 Minet's Point Road,
Barrie (across from Giant Tiger).

DID YOU KNOW?

**On June 7th we will
choose our Provincial
Representatives.**

These elections affect
every aspect of our
lives. From education,
health care, retirement
and overall lifestyle.

Meet the Candidates of the North
Barrie, Springwater and Oro-Medonte
(BSOM) riding includes everyone in
Barrie north of Tiffin St. and north of
the lake, as well as all of Springwater
and Oro-Medonte west of the 9th Line.
The South Barrie and Innisfil (BI) riding
includes everyone in Barrie who lives
south of Tiffin St. and south of the bay,
as well as Innisfil.

If you have any questions, don't
hesitate to contact Gwen Kavanagh,
705-252-4756 or e-mail us at
barrie@carp.ca.

REMEMBER Spring Into Green Earth Day April 22nd, 2018

TIME: 10am to 4pm

WHERE: Holly Rec Centre, 171 Mapleton Avenue, Barrie

WHO: Open to the public

ADMISSION: Donation to the food bank

CONTACT: Gwen Kavanagh at **705.828.2743**
or email **barrie@carp.ca** for more information

Visit us at springintogreen.ca

See next page for more details



EARTH DAY

April 22nd, 2018

TIME: 10am to 4pm

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or email barrie@carp.ca for more information

The Spring Into Green is lively, inspiring, and features over forty local exhibitors, hundreds of story ideas and photo opportunities on leading a healthy and sustainable lifestyle. The Show welcomes visitors from across Canada as we cover the latest trends, speakers and innovative products featured at this Earth Day event. The buzz is infectious — join us and be part of the conversation.

Visit us at springintogreen.ca

This will be
the largest eco-show
in Simcoe County,
with capacity
for more than 40
exhibitors, including
electric cars.



Why It's Important To Develop A Strategy To Achieve Zero Waste

By Randy Ward

As momentum builds in the movement to reduce waste, you have probably heard the term 'zero waste' and 'zero landfill' mentioned more than once. There is a growing concern among environmentalists about the continued reliance on landfills for managing our growing waste problem, necessitating new solutions to avoid landfills popping up on every corner.

As organizations and individuals start to set environmentally friendly goals, it's important to understand the difference between the concepts of zero waste and zero landfill, and the important roles they play in conserving the planet's resources.

The Meaning Behind It All - Zero landfill and zero waste are sometimes used interchangeably, but the two terms do not have the same definition for a few very important reasons.

Zero Landfill Definition - Zero landfill is the shortened version of "zero waste to landfill", which means exactly what it sounds like - sending nothing to the landfill. Instead, zero waste to landfill focuses on diversion methods, such as upcycling or recycling items that would normally be thrown away, both of which are better for the environment. However, zero landfill also includes methods like incineration, which involves burning trash in waste-to-energy plants. Burning waste in these plants destroys the resources

and produces ash that must be sent to a landfill at the end of the process, which is one reason why this term is now being contested by environmental groups and other advocates of zero waste.

Zero Waste Definition - Zero waste views the consumption of goods differently than zero waste to landfill, and only advocates for recycling as a last resort.

"Recycling is very energy intensive and doesn't solve the problem. Think of all the resources used to make our products in the first place. For every kilogram of trash you throw away, it costs 7 kilograms of trash to create that product. Zero waste focuses on stopping waste before it ever happens."

Zero waste is a broader idea that is focused on eliminating waste in all its forms. This involves an overhaul of how goods are produced and consumed by both businesses and individuals. It puts emphasis on how important it is to evaluate choices to make sure waste is avoided as much as possible.



2018 SHOW ATTRACTIONS

FUN FOR ECO KIDS

If you are looking for something fun to do with the kids this Earth Day explore and enjoy the interactive exhibits at The Spring Into Green Show, dedicated to educating and connecting kids to nature. All Kids enter the Show for **FREE.**



ELECTRIC CARS

Come check out your next green ride! Get behind the wheel of some of the latest hybrid, electric and fuel-efficient vehicles. Electric car display, drivers, enthusiasts and dealers will be available to answer any questions you may have.



CANNABIS

Are you looking for alternative therapies to complement your current health regime, curious about your options, or looking to understand the latest conversations and upcoming change in legislation around cannabis consumption? The Weed MD display will feature ground breaking ideas, inspirational speakers, informed educators and leading industry experts. Learn how they're working to break down the stigma associated with cannabis while providing credible and valuable information that can help you make well-informed decisions about your health and wellness.



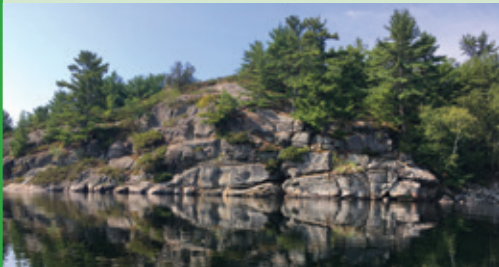
TINY HOMES & SUSTAINABLE FORESTRY

There are a lot of options when considering building materials, furniture, finishing pieces, or artisan products — and a lot of choices to make. Talk to experts in balancing price, function, beauty, versatility and performance. Whether your choice is made based on quality and price, whether it's about supporting local producers and local communities, whether it's about what's best for the environment, or whether it's simply because you love the natural beauty of wood products — Ontario Wood can meet your needs. Discover our exhibits and meet wood artisans and explore a gallery of locally hand-crafted wood products.

2018 SHOW ATTRACTIONS

ECO ADVENTURE TRAVELLER

We invite you to a tourism, gastronomy and cultural exhibition to experience different country pavilions from around the world. Access the world's most unique holiday destinations, take advantage of special holiday packages, enjoy tasting international gastronomy cuisine and soaking in the varied cultural heritage of many exciting countries. Visit booths that will provide you with all the information you need to book your next memorable holiday. An eclectic mix of ecotourism pavilions offering special holiday packages, explore the possibilities of travelling to the worlds' most exclusive earth-friendly beach destinations, historical cities, eco-lodges, and more. Travelers can choose from gastronomy hotspots, nature retreats, luxury camping, agritourism, health tourism, and spas, as well as many other opportunities and tips to plan an eco-holiday to remember.



SWEAT EQUITY YOGA & FITNESS

An active lifestyle is integral to a healthier you. Find out how by taking a workshop, chatting with a guest lecturer or even participating in a free yoga class at the Sweat Equity Yoga Pavilion. Learn all about the health benefits of being active. Beginners, give yoga a try. Yoga gurus, even you will learn something new at the pavilion! Stretch your horizons, meet new people who share similar active interests.

TASTE ONTARIO, TASTE THE WORLD

Join local chefs, breweries, cideries and wineries, this year's delicious local Food & Drink exhibit will be a celebration of the diversity and cultural traditions that make up Canada's food landscape. Using local and sustainably sourced Ontario ingredients, chefs from Simcoe County and around the world will showcase old family recipes and favourite dishes that best reflect their heritage. Join us as we applaud the community, vibrancy, and diversity of our country through the many tastes and smells of its global kitchens.

If you have any questions, don't hesitate to contact our Show Coordinator, Tom Oldershaw at 705-794-7170 or email: tomoldershaw@springintogreen.ca.

SPEAKERS SCHEDULE

MARGARET PROPHET

is a champion for protecting source water and prime farmland in Simcoe County, and is a founder of and an organizer with the Simcoe County Greenbelt Coalition. Margaret will be speaking about water issues in Simcoe County.

JULIE JOHNSON

is a teacher in Simcoe County, and an environmentalist who is working hard to teach us how to protect our environment. In 2015 Julie became an Al Gore Climate Reality Leader, and volunteers with Climate Reality to help the public understand the issues and solutions associated with our changing climate. Julie will be speaking about climate change at our show.

TERESA WOOLARD

is entrepreneur, competitive fitness instructor and owner of Chillz Dessert Lounge and Swirleez in downtown Barrie. Teresa will be talking about the importance of living a healthy, active lifestyle. Teresa will share a motivational talk that is sure to inspire.



JENNA ZARDO

is the senior Coordinator for The Urban Pantry, a Barrie non-profit organization which oversees the Good Food Box, Fruitshare and urban agriculture and community kitchen activities in the City of Barrie. Jenna will be speaking about what The Urban Pantry does in our city which facilitates urban agriculture and food literacy and security.



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for our final lively panel
discussion on **Ageism** at the
Painswick Library on Tuesday
April 24 from 1:00 - 3:30 p.m.



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COMMUNITY CLEAN UP FOR SPRING INTO GREEN

By Randy Ward | Community Relations Committee, Media & PR

If you are looking for a way to make a difference in the community this Earth Day, April 22, join us as we help to collect garbage, recycling and electronic waste, share ideas for living a healthy, active lifestyle. You can consider joining a community clean up project or starting your own. Visit springintogreen.ca/going-green for tips on starting your own clean up project

City of Barrie – Spring Into Clean

starts Friday thru the weekend. Get involved and keep Barrie beautiful! This annual project occurs during Earth Week and is designed to clean up our community, while raising levels of environmental awareness and social responsibility, through active participation in one of our four “Spring Into Clean” events.

For volunteer inquiries contact volunteer@springintogreen.ca or call (705) 500-4918



MEDIA LAUNCH FOR SPRING INTO GREEN

By Randy Ward | Community Relations Committee, Media & PR

We welcomed guests from the community on Tuesday April 4, 2018 at Chillz Dessert Lounge

Gwen spoke for fifteen minutes sharing many of the success stories from recent CARP initiatives and introduced our special guest, Mayor Jeff Lehman as he shared some kind words about CARP and the continuing advocacy work we do in and around the City of Barrie.

Bonnie North, CARP Chapter 36 Board Member / Deputy Leader of Ontario Green Party & Barrie Innisfil riding candidate introduced our four featured Speakers and members of the Electric Vehicle Association who will displaying eCars at Spring Into Green ECO Show.

"It was my pleasure to introduce Sandra Roberts from PIE Media Group who will manage our event as well as our growing roster of sponsors, featured speakers, and eco exhibitors..." Randy Ward

Other activities at Spring Into Green include; Food & Nutrition exhibits, ECO Travel & Destination partners, Electronics & eWaste repair and recyclers, Electric Cars & Bikes, Rethink & Recycle Activists Video Presentations plus Fun For All Ages – KidZone

Watch for videos to appear on our facebook page and other social media channels as we lead up to the event.

For more information visit **www.springintogreen.ca** or contact media@springintogreen.ca

Volunteers are needed for our event and encouraged to connect with us as soon as possible.



MEDIA LAUNCH FOR SPRING INTO GREEN



2018 SPRING INTO GREEN APRIL 22

HOLLY COMMUNITY CENTRE
SpringIntoGreen.ca



JOHN'S JOKES

Submitted by John Rodgers,
Former Board Member
And Joker Extraordinaire!

**What did our
parents do to kill
boredom before the
internet?**

**I asked my 26
brothers and
sisters and they
didn't know either.**



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you still
have teeth.



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ECO TOURISM in CANADA

Experience Unlimited Adventure

By Randy Ward | Community Relations Committee, Media & PR

Author of 'Official Sports RuleBook': From www.csnsportdesk.com

Environmental tourism or eco-tourism can be defined as the responsible travel to natural areas, which while travelling to these areas conserves the local environment and maintains the culture and beliefs of the indigenous population. Ecotourism is the fastest growing sector in travel and is very popular in many parts of the world. Canada is one of the largest countries in the world and is unrivalled in size and scope when it comes to ecotourism opportunities. Canadian Ecotourism can be placed in basically two categories: natural ecotourism and ecotourism focusing on the arts and cultures of local indigenous peoples. Because of Canada's unparalleled beauty and abundant natural resources it is not that hard for Ecotourism to be a dominant sector when it comes

to vacationing. Canada's seemingly unlimited natural landscapes are capable of attracting visitors from all corners of the globe. Canada's variety of ecotourism and sustainable tourism destinations, accommodations and eco-activities are equally as vast as this beautiful country. People all over the world cannot go wrong when choosing Canada to experience truly natural beauty and rich and diverse cultures. Unforgettable eco-experiences that only Canada can offer await every eco-tourist that decides to choose Canada as an Eco-destination.

Canada is the 2nd largest country in the world and stretches from the Atlantic Ocean in the east to the Pacific Ocean in the west and to the Arctic Ocean in the north. Within this

continued on next page



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vast country full of natural wonder there are countless opportunities for the eco-traveller to experience ecotourism at its finest. Canada is most famous for its mountains, in particular the Rocky Mountain range. Another fantastic ecotourism choice is the Bruce Trail system that spans the Niagara Escarpment in the province of Ontario. While in this area do not miss the opportunity to visit Point Pelee Provincial Park. This is the southernmost tip of Canada and is home to a variety of flora and fauna not to be found anywhere else in Canada. As you travel west across Canada searching for ecotourism experiences, the province of Alberta will not disappoint. Alberta offers a variety of

Aboriginal experiences and attractions, celebrating the recorded history of its first inhabitants more than 12,000 years ago. From celebrated provincial historic sites to little-known historic spots, there are a variety of opportunities for eco-travelers to explore Alberta's history and cultural roots.

Adventure Travel and Ecotourism
Adventure travel continue to grow rapidly within Canada and ecotourism in Canada is the most profitable sector of Canada's tourism economy. If you have any suggestions, tips or stories of your ecotourism adventures in Canada please do not hesitate to contact me at media@springintogreen.ca and I would be more than happy to post your experiences here.



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BOARD MEMBERS AND COMMITTEES

BOARD MEMBERS 2018

Gwen Kavanagh	<i>Chair</i>
Tom Oldershaw	<i>Vice-Chair</i>
Sandy Wetherald	<i>Secretary</i>
Beverly McGrath	<i>Treasurer</i>
Dave Caldwell	<i>Director</i>
Bonnie North	<i>Director</i>
Ingram Nurse	<i>Director</i>
Kelly Patterson	<i>Director</i>
Randy Ward	<i>Director</i>

COMMITTEE MEMBERS

Executive Committee

Gwen Kavanagh, Chair
Tom Oldershaw, Vice-Chair
Sandy Wetherald, Secretary
Beverly McGrath, Treasurer

Membership Committee

Dave Caldwell
Kelly Patterson

Senior Housing Committee

Gwen Kavanagh, Committee Chair
Constan Boiangiu
George Gibson, Retired

Murray Steban
Ross Cotton, Consultant
Shelley Raymond, Consultant
Sandy Wetherald

Spring Into Green Committee

Gwen Kavanagh, Committee Chair
Tom Oldershaw, Sponsorship
Coordinator, Sales
Bonnie North
Randy Ward, Media & Community
Relations
Sandy Wetherald, Secretary
Sandra Roberts, Event Manager
Ingram Nurse, Media & Sponsorship
Relations

Community Relations Committee

Tom Oldershaw, Committee Chair
Kelly Patterson, Media & PR - Social
& Online
Ingram Nurse, Media & PR,
Newsletter - Advertising Sales
Randy Ward, Media & PR, Newsletter
- Publisher/Editor
Ryan Tomlinson, Website
Colour Something Creative, Graphic
Design, Newsletter
Val Martin, Social Coordinator

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Go to www.carp.ca
and click on MyCarp

OR

Write to:

CARP, PO Box 940 Stn Main,
Markham, ON L3P 9Z9

OR

Telephone Member Support:

1-800-363-9736

Toll Free: 1-888-363-2279

Local: 416-363-8748

OR

e-mail to: support@carp.ca

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gwen.kavanagh@raymondjames.ca

Gwen Kavanagh, Financial Advisor

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SERVICES DIRECTORY – \$125 (2.75" x 1" horizontal)

Placement in 4 editions. The directory is located on the back 2 pages (excluding the back cover). A budget-friendly alternative for new businesses looking to increase their profile in the community.

There are other advertising options available. Please contact:

Ingram Nurse 705-730-3493, text, call or e-mail ingram@bettercareservices.ca
for additional information, rates, specifications, etc.

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funeral homes

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