



# CONNECTOR CHAPTER 36

SERVING BARRIE AND SURROUNDING AREA | [barrie@carp.ca](mailto:barrie@carp.ca)

Summer Edition 2019

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CRISIS**  
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**HOPE  
FOR THE  
FUTURE**  
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Chapter 36 acknowledges Jeff Scott from Steckley-Gooderham Funeral Homes for his generous support in the production of this newsletter.

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CARP 705.252.4756



The Allandale 55+ Centre is collecting pop tabs to help raise money for wheelchairs and other adaptive equipment for children. The funds that comes from the tabs, goes to the Robert Hampson Tabs for Kids Fund at Easter Seals Ontario.

Please save your pop tabs and bring them into the 55+ center, and we will ensure they get delivered to where they can make a difference.

*Thank You for helping us make this valuable contribution to our community!*

## CHAPTER 36 MEETING SCHEDULE

Member meetings now being held at Sheba Shrine Hall

**142 John Street, just off Anne St.**

(doors open at 6:00pm)

**Tuesday, June 18, 2019 - 6:30 p.m. • DON FENN • Aging in Place**

*Donn Fenn is the Founder of HOMEMODIFICATIONCANADA and Aging in Place Specialist. You can find more information at [www.homemods.ca](http://www.homemods.ca)*

- **Guests are welcome • Light refreshments are provided**
- **Bring a loonie or toonie for the 50/50 draw • Meetings are free of charge**

***NO MEETINGS IN JULY OR AUGUST – Have a great summer!***



# CONNECTING WITH THE CHAIR

hope everyone is in the mood for some great summer weather, maybe not quite as hot as last year.

As you should be aware, Steckley-Gooderham Funeral Home at Minet's Point and Yonge St. was sold in March and so we have had to find a new venue for our Member Meetings. We tried the Legion in April but the service for our break (tea and coffee) did not happen for whatever reason. We were approached by the ladies running the Shriner's Hall at 142 John St. with an offer at a slight discount and a few other perks. Consequently, we will be renting their facility for Member meetings for the balance of the year and maybe much longer.

Your Chapter has had a very busy Spring with Member Meetings, The Be Green Show, The Living Well Show and attending many seminars on Ageing, Accessibility, LGBTQ, etc., etc. We were privileged to hear Dr. Jim McPhee (World War II Veteran), 94 years young, speak at the March meeting and then equally lucky to have Dr. Kristen Mossman at the April meeting. She is a true fountain of information on so many subjects that we don't usually receive real information on. One of her friends, retired Judge James Crawford, was in attendance and we may be hearing from him too in the future.

We were a week or two past mental health week with our May Meeting but still privileged to have Aleta Armstrong, Senior Manager at CMHA (Canadian Mental Health Association) speak to us on this very concerning subject. In addition we had Special Guest Speaker MP John Brassard updating us on International Trade.

Many things are percolating at CARP Head Office and I am hearing that we will



all receive new member cards in a few months and while they were not allowed to divulge the reason, I believe there are some new perks coming. Laura Tamblyn Watts is now our leader at CARP Head Office and having met her I believe she has the will and the contacts to take us forward to meet our goal in making Canada the best place to age. We are fighting for FACES, namely Financial Security, Abuse Prevention, Caregiving and Housing Supports, Exceptional Health Care and Social Inclusion

I wish to take a moment to say how very lucky we were to have the wonderful support of Steckley-Gooderham Funeral Homes over these last number of years, for their generous support with free meeting space, coffee and tea, for supporting our Newsletter and free venues for our Political Forums over the years. Being Not-For-Profit with limited funds we might not have survived the early years without such great and unflagging Sponsorship.

I hope you all have a wonderful summer and we hope to see you out in the fall. The next member meeting will be Sept. 17th and don't forget that our new venue is the Shriner's Hall at 142 John St.

Your Chair  
Gwen Kavanagh  
CARP Chapter 36



## Housing Crisis

**M**any people are experiencing housing challenges across this province. These challenges exist across the housing spectrum from homelessness and shelter to securing affordable rents, market ownership and everything in between. 2020-2030 Housing TO Action plan states, *“All residents should have access to safe, secure, affordable and well maintained housing stock.”*

The Housing Spectrum includes emergency shelters, supportive transitional housing, long-term care, social housing, affordable rental housing, affordable home ownership, market rental housing and market homeownership. There are many people waiting for over 5 years or more for supportive housing, affordable rentals and even longer for affordable home ownership.

Currently, throughout the province there is a severe shortage of purpose-built rental housing. Most rental housing has not been constructed since the 80's leaving us now desperate for multi-residential options in most cities. Multi-residential housing buildings usually pay much higher tax rates resulting in higher rents. The rental market is becoming more expensive and at the same time, middle-income households are being priced out of the ownership market.

Looking ahead, Barrie and the surrounding area will continue to grow, increasing this demand for options and solutions. As the population growth speeds up so will the problem. The other challenge we have is that demographics

will dictate specific needs for the older population in the community. This demand will increase for individuals requiring long-term care. Lower income households will continue to be challenged as more people are in “core housing need” meaning they lack housing that is of adequate size, affordable and well maintained.

A “healthy” housing market is considered to have at least 5% vacancy rate. *“According to CMHC, over the last few years Barrie has experienced an average vacancy rate of 2.2%. This rate fluctuates based on mortgage rates and movements of persons renting to homeownership.” The current vacancies in Barrie are 1.8% for one bedroom, 3.4% for 2 bedroom and only 0.5% for 3 or more bedrooms with respective average rents of \$1035, \$1205 and \$1415.*

On top of that, the demand for mental health and addictions supportive housing will grow faster than the population. Many cities are struggling to meet their 10-year affordable housing targets designed back in 2010-2020. Barrie, has made some progress. *“The City’s goal is to create 840 affordable units by 2024, 252 which are geared to subsidy provided by the County of Simcoe”.*

“One of the strategies for affordable housing includes Co-housing for seniors, et el, where the concept uses a single detached dwelling owned by four or more persons. Each owns an undivided interest in the property and shares the household expenses, taxes and support services if

*continued on page 7*

## Living Well Expo



*Gwen Kavanagh, Chair with Guest Speaker Hazel McCallion at the Living Well Exp on April 27th at Georgian Downs.*

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# May Meeting

Aleta Armstrong spoke on Mental Health at the May 21st meeting of our Chapter at the new location, the Sheba Shrine Hall on John Street. Her presentation was timely and well received. In addition we had Special Guest Speaker MP John Brassard updating us on International Trade.





*continued from page 4*

needed. Co-owners are registered on title as Tenants in Common and there is a co-ownership agreement registered on title, similar to a condo agreement.”

Other ideas include reviewing Official Plan Policies changes, secondary suites, development charge incentives, multi-residential tax ratio reduction and student housing options. All in all, housing is a very complex issue and there is simply no single solution, it will take an army of experts to resolve this housing crisis and I don't see that happening overnight. Sadly, for the individuals suffering on the street or in poor housing needs this can't be resolved soon enough. I have been trying to develop housing for over 10 years

and quite frankly, I never see enough; soon enough. Most seems to be about talking, conducting more studies and issues with NIMBY's (Not in My Back Yard) and politics. My challenge to the politicians, policy makers and the government is why not spend two nights sleeping on the street and let me know if we can move faster to resolve this important and frightening issue.

Shelley Raymond,  
Broker of Record  
Solterra Realty Inc, Brokerage



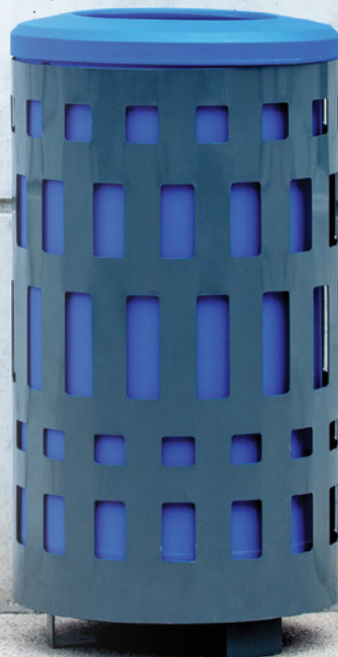
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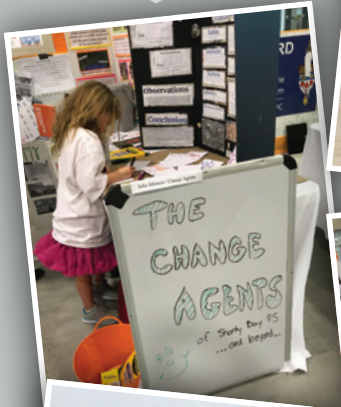


PROUD MEMBER OF  
THE BARRIE BUSINESS  
COMMUNITY  
SINCE 1985





There was something for everyone at the “Be Green” event held at the Holly Rec. Centre on April 20th. Even the Easter Bunny showed up.







# Looking Ahead

I know many of us would rather not face the possibility of an unfavourable future. Time, however, is not always kind and accidents happen, especially falls which top the list as the most common health care problem. Dementia, heart and stroke are also up there and heart attacks in women have been increasing. Then there is the Big "C". Have I depressed you yet?

If you are unfortunate enough to have to deal with one or two of these circumstances in your future, did you plan ahead?

Recently, I attended a seminar on Advance Care Planning, which was geared to educating us on how important it is to do your P/A for Health Care, not to be confused with a General P/A for your finances. If you were unable to make a decision to agree to/or to refuse the

treatment offered, who would you want to make this decision for you? Maybe you are lucky enough to have lots of concerned family surrounding you and you know they all get along and would always agree. Unfortunately, this is not always the case.

Give some thought to who you would want to make those decisions and have the discussion with them while you are able. Make known your preferences in different scenarios and take the time to have that P/A signed and witnessed. It will also be less stressful to your family when decisions have to be made, as they already know your wishes, and basically have your consent to make those calls.

For information about Advance Care Planning in Ontario, please visit [www.Speakupontario.ca](http://www.Speakupontario.ca)



## The Accessibility Resource Centre (A.R.C.)

A.R.C. is a free service provided by knowledgeable and experienced staff that can offer guidance & support to those who are looking for information on assistive devices, home and vehicle modifications which will assist in living safely & independently.

For more information contact

**705-737-3263, ext. 239**

or visit our website [www.ilssimcoe.ca](http://www.ilssimcoe.ca)



## A.D.E.

The Assistive Device Exchange

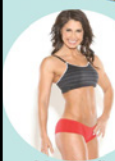
Find, Sell, or Give Away equipment on The Assistive Device Exchange (A.D.E.) website:

**[www.assistivedeviceexchange.ca](http://www.assistivedeviceexchange.ca)**

This is a website where anyone who has equipment they no longer need can list it on the A.D.E. for sale or give away. Anyone who is looking for equipment can find it there as well.

*Robin Clay*

Nutrition & Fitness Coach



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- ★ LOWER CHOLESTEROL
- ★ GAIN STRENGTH
- ★ INCREASED IMMUNITY



# JOHN'S JOKES

In Memory of John Rodgers,  
Former Board Member And Joker Extraordinaire!

You call them swear words.

I call them "sentence  
enhancers."



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user card

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## By April Lewis - Author of Lovingly Arrogant: From Chaos to Contentment [www.lovinglyarrogant.com](http://www.lovinglyarrogant.com)

CARP White Rock Surrey Chapter, Communications Director



## Hope For The Future

By 2050, plastic in the oceans will outweigh fish.

This latest prediction comes from a report from the Ellen MacArthur Foundation, in partnership with the World Economic Forum.

What a depressing thought.

And last week, representatives of 132 governments around the world released a United Nations report that predicts more doom and gloom. Man is destroying nature and this accelerating deterioration may portend the end of humanity.

What a downer.

According to a recent newspaper column written by Dan Kraus, a senior conservation biologist with the the Nature Conservancy of Canada, the aforementioned report which is called The Global Assessment Report on Biodiversity and Ecosystem Services, "has grave implications for human life."

The need to act is overwhelming in its scope and urgency, he warns.

If I wasn't already depressed, I am now.

With a federal election looming, all parties are assuring us they are concerned about climate change.

In Canada, we only have to look at the endless floods and forest fires to know something isn't right.

In some respects, I am glad I am old and have lived out most of my life without having to worry about our demise.

But I feel for our children and our grandkids.

What kind of world are we leaving behind for them?

Now I am truly despondent.

Disheartened notwithstanding, I recently dragged my sorry self to Semiahmoo High School to volunteer as a mock interviewer for students in Grade 10 preparing to apply for a part-time job in the real world.

What an uplifting experience!

These teens, mostly aged 15, are well-groomed, poised, polite, articulate and prepared for the interview. They are mature beyond their years.

They are on the honour roll, play sports as well as a musical instrument and still have time to volunteer. Some already have part-time jobs.

They have lofty plans for the future and want to make a positive impact on the world.

I couldn't help but think of myself at their age. I remember dumbing myself down as it wasn't cool to be smart. I remember wearing the shortest mini skirts in the school and wondering where I was going to go on my Friday night date.

Oh yeah, and I was thinking that maybe I should apply for a job!

Boy, have times changed.

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According to Melody Ross, the Careers teacher at Semiahmoo who co-ordinates these mock interviews, the students today have a more scheduled life and extra-curricular commitments and have no time for dating.

“They are not tainted by adult cynicism,” she adds, and “are eager and enthusiastic to take on the world. They give me hope.”

These Gen Z teens, born between 1996 and 2015, are full of optimism for the future.

And part of their educational core curriculum includes social responsibility; namely, contributing to community and caring for the environment; solving problems in peaceful ways; valuing diversity and building relationships.

According to Jason Dorsey, President of Centre for Generational Kinetics and leading researcher on generations, this emerging generation thinks and acts more like Baby Boomers than Millennials.

The poor Millennials are getting a bad rap as half of them still live in their parents’ basement.

Generation Z is shaping up to be a true “throwback generation,” already working, saving money, and determined not to end up like Millennials. 77% of Gen Z currently earn their own spending money.

And just like our Baby Boomer generation, they want to change the world and make it a better place to live.

I am hopeful they will do a better job than we have done.

The oceans and the fish will thank them.



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# BOARD MEMBERS AND COMMITTEES

## BOARD MEMBERS 2019

<b>Gwen Kavanagh</b>	<i>Chair</i>
<b>Ingram Nurse</b>	<i>Vice-Chair</i>
<b>Sandy Wetherald</b>	<i>Secretary</i>
<b>Henry Legge</b>	<i>Treasurer</i>
<b>Dave Caldwell</b>	<i>Director</i>
<b>Andrew Hermiston</b>	<i>Director</i>
<b>Lucia Ricardo</b>	<i>Director</i>
<b>Joanna Shaw</b>	<i>Director</i>
<b>Sharon Turcott</b>	<i>Director</i>

## COMMITTEE MEMBERS

### Executive Committee

**Gwen Kavanagh**, Chair  
**Ingram Nurse**, Vice-Chair  
**Sandy Wetherald**, Secretary

### Membership Committee

**Dave Caldwell**  
**Gwen Kavanagh**

### Senior Housing Committee

**Gwen Kavanagh**, Committee Chair  
**Constan Boiangiu**  
**George Gibson**, Retired  
**Murray Steban**  
**Ross Cotton**, Consultant  
**Shelley Raymond**, Consultant  
**Sandy Wetherald**

### Be Green Show Committee

**Ingram Nurse**, Committee Chair,  
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**Sandra Fraser**  
**Andrew Hermiston**  
**Gwen Kavanagh**

### Community Relations Committee

**Gwen Kavanagh**, Committee Chair  
**Sharon Turcott**, Social Director  
**Ingram Nurse**, Media & PR,  
 Newsletter - Advertising Sales  
**Ryan Tomlinson**, Website  
**Lucia Ricardo**  
**Vacant Position**, Newsletter Editor  
**George Rogan**, Media & PR,  
 Meetings  
**Colour Something Creative**,  
 Graphic Design, Newsletter

## MOVING? MOVED? NEED TO UPDATE YOUR MEMBERSHIP INFORMATION?

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 and click on MyCarp

OR

Write to:

CARP, PO Box 940 Stn Main,  
 Markham, ON L3P 9Z9

OR

Telephone Member Support:

1-800-363-9736

Toll Free: 1-888-363-2279

Local: 416-363-8748

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e-mail to: [support@carp.ca](mailto:support@carp.ca)

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**HALF PAGE – \$700** (5.5"x 4" horizontal – 2.75" x 8" vertical)  
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**FULL PAGE – \$1,200** (6"x9" vertical) – Placement in 4 editions

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for additional information, rates, specifications, etc.

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Questions?

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