



CARP CONNECTOR

CHAPTER 36

Serving Barrie and
Surrounding Area

The Zoomer Show

Canada's largest consumer show and lifestyle expo for men and women 45Plus Health, money, travel, lifestyle... if it's hot, if it's important, if it can benefit you, it's at the ZoomerShow.

Find the latest trends, the newest products and services, all focused on you and your needs.

Where: Direct Energy Centre, Toronto

When: Sat.Oct. 27, 2012 9 am to 6 pm
Sun. Oct. 28, 2012 -10 am 5 pm

The ZoomerShow Mainstage features live entertainment all day long. Relive those golden hits from the past or watch for a new favourite as the ZoomerShow mainstage brings you exciting acts all day long. Stay for the day!

The ZoomerShow Talk Theatre features expert speakers on a variety of topics important to Zoomers. Learn from the best about Zoomer health, wealth, nutrition, recreation & more.

The ZoomerShow Active Zone Here's your chance to try your hand at yoga, tai chi meditation, dance and more.



We have booked a bus for those members who do not wish to drive. The cost is \$25.00 per person. Please contact Sandy Wetherald at 705-252-4916 to book your seat. Space is restricted to forty five people so book early to avoid disappointment. The bus will depart at 8:30 am on Saturday Oct 27th 2012 from behind Canadian Tire, Bayfield Mall.

Departs 3:30 pm Zoomer Show Saturday Oct 27th 2012 Arrives back in Barrie approx 4:30 pm behind Canadian Tire, Bayfield Mall.

Don't forget to call Sandy to book space.

CARP Chapter 36

2012 Board of Directors

Gwen Kavanagh
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Chris Lillie
Vice-Chair

Kelly Patterson
Secretary- Treasurer

Sandy Wetherald
Social/Education

Dave Cooper
Web Administrator

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Contact us at:
705-252-4756
barriecarp@gmail.com



What's Inside This Month

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Keeping up-to date with Chapter 36

Our website is updated at regular intervals, if you missed a meeting, you will find a copy of the most recent minutes, information on upcoming meetings, and details of planned events as well as recent and past editions of our newsletter.

Kelly Patterson, our present Secretary Treasurer, is seeking a volunteer to assume her secretarial position. Kelly feels she can be of greater benefit to the Chapter in the capacity of Communications & Media Person.
No experience necessary. Any volunteers?

CHAPTER 36 MEETING SCHEDULE

OCTOBER Transition ??????

NOVEMBER 27th Annual General meeting

DECEMBER No meeting scheduled

We would like to acknowledge Mr. Garth Dick of Barrie Press, Barrie for his assistance and generosity in the production of "The Connector"
Thanks Garth. ed.



One of Chapter 36 Board members has such an interesting life we simply had to make mention of a remarkable man, John Rogers. At a very early age John joined the Royal Canadian Navy. During his service, John travelled the world, and visited many countries. I met up with John in September, just as he was leaving to join a ship and travel down the St. Lawrence to do something with the locks. This was just after he had returned from a visit with the Snowbirds Aerobatic team. Like I said, he is a remarkable man who also works tirelessly for Chapter 36. I have asked John for some of his experiences, and hope to be able to publish some of his stories in the next issues of the newsletter. ed

CONNECTING WITH YOUR CHAIR

I always know when I hear them advertising the Exhibition in Toronto that the summer is nearly over and that fall is just around the corner.

Kids and parents rejoice that school will be starting and normal life will return. The air will grow crisper, the bugs will be gone and we have the turning of the leaves to fill us with wonder at the beautiful landscapes they provide. The fall is definitely my favourite season.

I hope you all had an enjoyable summer and were able to travel or enjoy the water as we had such a warm summer. Now they say the fall will also be unseasonably warm, so don't put away your lawnmower just yet.

We have continued to work on promoting our Co-housing project over the summer and by the time you read this I will have presented to the Ontario Seniors' Secretariat Liason Committee on Sept. 24th and we will have presented our application to CMHC for a \$100,000.00 loan, of which \$20,000.00 is forgivable. This money or presale of units will allow us to find investors to build or renovate an existing property. We are gaining traction and the media is picking up on our senior housing committee's project. For those of you who receive the Zoomer magazine, the September edition, page 77, has a full page dedicated to our flag raising in June and there is also mention of our work on behalf of senior housing.

Kelly (your Secretary/Treasurer) and I will be off to Conference in Toronto on Oct. 25/26 and Zoomer Show on the 27th. We will report back to you at November. meeting and in the next newsletter. Please see information regarding bus trip to the Zoomer Show on the front cover.

We hope you come out to our member meetings and enjoy the presentations and socializing over a coffee and goodies provided by Shirley Richards (often home-made).

The November meeting is our AGM or Annual General Meeting and is important as you the members will be voting on our Board, our Financial Report, and will be able to voice any pertinent issues you might deem necessary. If you should consider placing your name for the Board, the Nominating Committee is being headed by Dave Cooper 705-431-8628. You can put your name forward by emailing barriecarp@gmail.com or calling (705) 252-4756. We have already received one very worthy candidate and always looking for others.

It is also our last meeting of the year and we always celebrate. Last year we did the game show "The Price is Right" and this year we will be doing a Cabaret style party. The venue will be the Rotunda at City Hall so come out, vote, and "**just have fun**".

Gwen.



A belated Happy New Year to members of the Jewish faith

Some Happenings in Simcoe County for October

Apple Harvest Festival

Theres no better way to enjoy Thanksgiving Weekend and Fall Colours. Friday, October 5.2012 Village of Blue Mountain

Barrie Film Festival

Uptown Theatre & Bayfield 7 Cinemas, other venues Friday, October 12, 2012
(All Day Event)

Russell Peters 2012 Notorious World Tour

Live on stage Friday, October 19, 2012 - 9:00PM Casino Rama

Joseph and the Amazing Technicolor® Dreamcoat

October 28, 2012 - 3:00PM - 4-30 Duntroon (Nottawasaga)Community Hall

Barrie Free Clothing Store

Do you need free clothing or do you know someone that does? Visit “Off the Rack” and Barrie Free Clothing Store located downtown Barrie at Toronto and Dunlop. Enter the parking lot behind Meineke Automotive and it’s the first store at the back of the building directly behind Meineke. It’s across the



road from Casa Mia and Bush Baby Interior. This store is run by volunteers. It is open every day except Monday and the store hours are 10 am till 8pm Monday to Friday. 10 till 6 Sat and 1 till 5 Sunday. It is sponsored by a registered local charity

“Living Green” The Free Clothing part of the store offers Men’s, Women’s and Children’s Clothing. There is a thrift component and a boutique component to the store as well. Off the Rack need volunteers

to run the store as well as donations of clean, gently used clothing, purses, shoes and accessories. Drop these in to during store hours. Classes will soon be offered at the new ReSkill Institute in the near future. Volunteers are needed to teach sewing, knitting, basic skills, some craft ideas and they would like donations of sewing machines, material, wool and thread. Everyone is welcome at Off the Rack. Go and meet the manager Dave Reynolds and find out how you can help or just enjoy shopping and seeing this wonderful new centre.



For more information email Karen at Rightmove@sympatico.ca or call 705-721-6867



Let's Talk!

With Gwen Kavanagh...

DID YOU KNOW?

Exchange Traded Funds (ETF's) can round out your portfolio in these volatile markets.

Fewer than 1 in 5 Canadians know much about Exchange-Traded Funds (ETF's), the more they learn about them the more they want them, according to a recent BMO study.

If you are concerned about your portfolio, being told to be patient, to buy and hold or are mainly invested in mutual funds, why not register for one of a series of our seminars on ETF's this fall. The next 5 years call for alternative strategies to protect your money.

To educate yourself on our strategy, call me directly at 705-828-2743 or the office at, 1-888-646-7111, and speak to Janice or Gretchen. Alternatively email gwen.kavanagh@raymondjames.ca

Senior concerns are my priority.

CIPF
MEMBER

RAYMOND JAMES

'LEST WE FORGET'

In Flanders fields the poppies blow,
between the crosses, row on row
that mark our place, and in
the sky, the larks still
bravely singing fly,
scarce heard amid the
guns below.

We are the dead, short days
ago we lived, felt dawn
saw sunsets glow
and now we lie in
Flanders fields

$1 \times 8 + 1 = 9$
 $12 \times 8 + 2 = 98$
 $123 \times 8 + 3 = 987$
 $1234 \times 8 + 4 = 9876$
 $12345 \times 8 + 5 = 98765$
 $123456 \times 8 + 6 = 987654$
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some fun with numbers

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Why does life keep teaching us lessons we don't want to learn?

why are there no good side effects on a pill bottle?

Why not have your cake and eat it too - it's cake, what else are you going to do with it?

Despite the cost of living, have you noticed how it remains so popular?

**Every thing in life is temporary, so if things are going good enjoy it, they wont last forever
And if things are going bad, don't worry it wont last forever either!**



Best deal of the year

After some investigation into some great deals in the area for older skiers, it was a hands-down for Snow Valley ski resort which offers a five dollar ski pass to anyone celebrating their 50th birthday each year.

“The only catch to this excellent deal is you have to be brave enough to tell us your age,” says a good-natured general manager of Snow Valley Ski Resort, John Ball.

But some things just get better with age, and if you can bring in a driver’s license to prove that you will have your 50th birthday this year, you will get a full season unlimited ski pass for just five dollars.

Yep. Five bucks to ski till your heart’s content – or ski till you drop if you prefer.

This great deal started a few years ago to celebrate the family-oriented ski hill’s fiftieth anniversary,

and the idea “just took off,” says Ball. “We have an unbelievable response from people who are fifty and are bouncing back into the sport after raising children. Or they may be just getting into the sport because they want something to do with their teenagers.”

The resort, just off hwy. 26 on Snow Valley Road west of Barrie, also features a great tubing hill.

And, if you take advantage of the 50th birthday ski pass, when you turn 51 next year (and it will happen), you will qualify for the \$50 Almost-Anytime season pass.

Check out www.skisnowvalley.com if you don’t believe me.

See you on the hills.

www.tracymclaughlin.ca
705-790-3577
www.tracymclaughlin.ca

Tracy is a freelance journalist in Barrie and often has her articles published in magazines and newspapers. She is also a member of the Sweet Adelines in Barrie in her spare time. Ed.

A Hindu wedding celebration, a seven day event



My husband and I were honoured to celebrate and take part in our friend's daughter (Brenna) wedding in St. John's Newfoundland this past August. The groom's (Sujay) family hosted six different proceedings spanning seven days. The first event was the **GARBA** dance at the Hindu Temple – no person was allowed to wear shoes to the upper level of the Temple. The dance involved the use of 2 batons (wooden sticks) and two lines of dancers facing each other. After 5 beats with the batons each person moved left one spot and danced with a new partner. It was great fun mastering the use of the batons and not banging your own, or partners', fingers. Immediately following the dance, the guests went to the lower level and had a delicious buffet dinner of traditional Indian, spicy, foods. The yogurt and cold water were most welcome as cooling refreshments.

Then: the **MEHNDI**. This is a special Hindu ritual – held outdoors at the groom's family home. The groom's mother and aunts sang songs in Punjabi to welcome Brenna to the family. During the party, the women were invited to have henna symbols painted onto a hand for the wedding day. The bride had intricate designs on the palms and upper sides of her hands and fingers as well as the tops of her feet, from toes to heels and around the lower part of her feet. Food was prepared by Sujay's family relatives and friends. Preparations were begun three weeks before as family arrived from India, Australia, England and western Canada.



The third event was the conventional stag and stagett for Sujay and Brenna. On to the fourth proceeding. This was the **VIDHI**, a traditional activity for the bride and groom, organized by the bride's mother at her home and by the groom's father at the groom's home. The **PANDIT**

(priest) prays in the Sanskrit language to the **LORD GENESH** (the Hindu God) to remove all obstacles and seek his divine blessing for the bride and groom. A part of this ceremony is the **PITHI** (rubbing a paste made of chickpea flour, tumeric, rose water and other various ingredients onto the bride's skin. A similar action is done for the groom. Following the Pithi, refreshments were served and the priest took the bride and groom's family to a separate room to discuss details of what to expect during the wedding ceremony the next day.



The Big Day. The guests dance in the parking lot at the Temple awaiting Sujay's arrival.

The bride's mother greets Sujay by applying **TILAK** on to his forehead. He is presented with a **SAMPOOT** (clay pot) which he breaks with his foot as a declaration to Brenna's family that he is not seeking material comfort, but has come only for Brenna. The wedding was performed completely in Sanskrit (with explanations provided in English for the guests). The focal setting was the **MANDAP** (wedding canopy). The groom arrived under the canopy first, then four of the bride's male relatives held a blanket to keep Sujay from seeing Brenna until she was seated under the canopy. The ceremony ended with Sujay placing **SINDOOR** (holy red powder) onto Brenna's head and placed a necklace of gold and jewels around her neck. Both my husband and I as "aunt and uncle" of the bride were called under the canopy a couple of times to assist with parts of the rituals. After, a buffet with home cooked Indian fare and cold drinks was served at the temple. Before the wedding car departs, the bride's family mockingly tries to stop the groom from taking her away.

The next day, a more conventional reception (with catered Indian food) and was held at a local Golf Club. Festivities with a DJ playing traditional Indian and contemporary music, dancing and libations continued until late evening.

Article submitted by **Sandra Wetherald**, member of the CARP Board.

Simcoedining.com, a restaurant and events website, launched in 2007, will make it easier for you to decide what restaurant you will choose for your night out in our great county. When Zoltan Hunt, Simcoedining.com website owner, first created this site he was inspired by the geographical area of Simcoe County, although some of the you will find reviewed step over County lines just a wee bit, and the historic factor of John Graves Simcoe, the first Lieutenant Governor of Upper Canada (Ontario).

When the initial site was up and running it was first of its kind in Simcoe; offering information to locals and tourists alike, with the opportunity to peruse restaurant listings from the comfort of their computer.

Zoltan Hunt grew up in nearby Alliston and took his childhood swimming lessons in Barrie; he fondly remembers when this city had a population of about 50,000 folks. When academic pursuits and employment took Mr. Hunt to Toronto, he worked on a restaurant directory there in 2002 and then created a very early version of Simcoe Dining in 2005.

At present Simcoedining.com has four professional writers who thoroughly enjoy the opportunity to munch and crunch, sip and sample their way into the dining rooms of a vast variety of cafes, restaurants, food providers, assuring that website visitors have all the information they need to pick the perfect spot for their dining pleasures.

Visitors to Simcoedining.com will find listings for over 300 restaurants, bars and cafes, with links to reviews, more of which are being posted weekly.

The long term goal for Simcoedining.com is to help promote Barrie as a vibrant place to live or visit. Here in central Simcoe County we have a beautiful waterfront, and a compact downtown area with a choice mix of restaurants and bars. Currently 43% of visitors come from Barrie, 25% from Toronto and the GTA and many more from as far away as Ottawa, Montreal and Edmonton.

Future plans for Simcoedining.com are to continue posting independent reviews and to add more coverage of County events, with the focus continuing to be on restaurants. Plans are also afoot to add more features to the site such as on-line menus, restaurant specials. You will find us on the web at simcoedining.com and on twitter http://twitter.com/barrie_eats

Written by: Penelope Morrow

Penelope Morrow is a writer, editor and food aficionado from Barrie; follow her tweets at [@penelopejmorrow](https://twitter.com/penelopejmorrow)

Progress Report for the Barrie Solterra Co-housing project.

In June 2012, Solterra Co-housing Ltd was awarded \$10,000 dollars from CMHC SEED funding for the development of an affordable housing project in the Barrie area. The eligible activities for the funding criteria must be carried out within a twelve month period.

Coolearth architecture inc. was contracted to complete a housing market study to determine the need and demand for the Barrie area in addition, they will develop the business plan for the project and explore funding sources, evaluate the procurement options and develop the preliminary feasibility analysis for the project.

Once the final design plans for the building have been finalized the renderings will be printed and mounted for display purposes.

Two options will be evaluated and considered for development.

***Option A** will be the development of a 5 suite shared home from the purchase of vacant land, construction of the shared home to selling individual suites including an analysis of the monthly operations for the home.*

***Option B** will be the purchase of an existing home in the Barrie area that will be suitable for 5 shared suites. Legal fees, renovation costs and monthly operations will also be considered.*

Each option will be reviewed for feasibility. The final needs analysis and the business plan will then be submitted to CMHC for further project funding of \$100,000.00 to build the shared housing project in the Barrie area. We anticipate this should be completed mid September 2012.

With receipt of CMHC funding, we likely will find the additional funding from an investor to purchase land and build the home or two, pre-sales would allow us the same opportunity to proceed.

Contact Gwen Kavanagh, Chair Barrie Carp Chapter 36, Barrie & surrounding area 705-252-4756 email: barriecarp@gmail.com for more information

A word from the editor

By now you will have noticed a changed newsletter, we hope you approve. There's still much work to be done to ensure that the "Connector" remains a premium newsletter, this requires members become more active in the future. It's been a struggle in the past to get suitable material from members. No doubt, that many of you have some wonderful life stories, fantastic pictures etc. take some time to send them to me. do you have a favourite restaurant, visited a new one? Let us know, we may contact them to arrange a "Seniors" discount should they not already provide one, some in Barrie already do. Any or all information is appreciated. We are in need of volunteers for all sorts of positions, many hands make the load lighter, vote at the AGM next month.

I look forward to acting as the editor of your newsletter, but I need your help. We publish four issues year, let's make them fantastic. You can reach me by phone at: 705-733-5262 or email me at yergel1953@gmail.com I would love to hear from you.

Gerry Levene. editor



LIVING ON BORROWED TIME.

On the morning of 8th October 1952 one of the most serious accidents in United Kingdom railway history occurred at Harrow & Wealdstone station just north of London, on the main line to the north. A southbound express ran into the rear of a local train standing in the station, and another express, northbound from Euston, ran into the wreckage. 112 people were killed, and hundreds more were injured.

I was in the Royal Air Force and had just finished a week's leave from boot camp. And now returning to a new base to receive trade training as a paramedic. At eighteen years old, I was pretty green, but old enough (so I thought), to go to the train station on my own, however my mother had her own ideas and insisted on accompanying me to Euston station.

In those days, people who were seeing travelers off, could purchase a "platform ticket" which allowed them to go through the ticket gates onto the platform, which is what my mother did.

As you can imagine this did not sit well with me, as the train was full of other airmen returning to their bases, and all I could think of was "it's time for her to go".



Walking along the platform, we came to a brand new carriage. I said jokingly *"Look Mum, they put on a brand new carriage just for me, I'll get on here, and then you can go"*. *"No, lets just walk a bit closer to the front of the train"* she said. For her to stay, was not what I wanted, but I insisted and finally she agreed, we kissed and she left to return home. Relieved, I got settled and waited for the train to leave at its designated time of 8.00 o'clock. The time came and went, then at thirteen minutes past the hour we finally left the station heading to the north of England.

Within minutes, the train had reached a speed of about 90 mph, trying to make up for the lost time. A few minutes later there was the most awful sound like a machine gun, the carriage tilted and then I lost consciousness.

I have no idea how long I was out, but woke up looking at a fireman chopping a hole in the roof of my new carriage (see the picture) A few moments later I felt myself being pulled through the hole he had created.

Sitting on the roof, with blood running down my face I witnessed a scene of complete devastation, everything ahead of my carriage had been demolished, and was now a 30 foot pile of rubble, there, standing on the top of this rubble was a priest with his arms outstretched. *I thought I had died and gone to heaven.*

My recollection of the rest of the day is very sketchy, however my journey did go on, but that's a story for another day. Needless to say, I never let my mother forget the incident, and that is how I feel *" I'm living on borrowed time"* Submitted and written by Gerry Levene

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